



**WELCOME**

*guide*

FOR INTERNATIONAL  
STUDENTS

**UNIVERSITY OF ŽILINA**

Welcome to the University of Žilina.  
We are pleased that you have made  
our University your choice for studying  
abroad.

This guide is intended for international  
students who decided to study at the  
University of Žilina in an exchange  
programme. It has been designed to  
make your stay both enjoyable and  
beneficial. We wish you a pleasant stay at  
the University of Žilina as well as in Žilina  
itself.

International Relations  
and Marketing Office



An aerial photograph of the city of Žilina, Slovakia, taken during the golden hour of sunset. The city is densely packed with buildings, and a wide river flows through the middle ground. In the background, a range of mountains is visible under a soft, orange and blue sky. A large, semi-transparent blue circle is overlaid on the lower half of the image, containing the text.

*Welcome*

**to the university  
of Žilina**

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ŽILINSKÁ UNIVERZITA  
V ŽILINE





## Rector's welcome

**Dear international students,**  
let me, on behalf of the University of Žilina,  
welcome you to our Institution.

The University of Žilina has had its unquestionable  
place among Slovak universities for over 65 years.  
It offers technically and technologically oriented  
study programmes at its seven faculties as well  
as studies in economic and humanities fields.

The University successfully cooperates with  
numerous partners in the world via international  
projects and activities. The second and third year students of  
our University have a possibility to participate in a wide range  
of exchange programmes at foreign universities.

The combination of research and education activities  
provides an opportunity to apply the latest knowledge and  
technologies in specific fields of studies. E-learning, project  
oriented education and case studies are as common at  
our University as traditional contact teaching in the form  
of lectures and seminars. All the above mentioned aspects of  
studies prepare graduates for a career in an interdisciplinary  
and globalised environment.

I wish you all the best, a lot of nice experiences at our  
university, in Žilina and Slovakia. It is a good opportunity  
of a lifetime.

Prof. Ing. Jozef Jandačka, PhD.  
Rector



## Name and address

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GPS: 49°12'8.26"N18°45'23.6"E

[www.uniza.sk](http://www.uniza.sk)

## General Institution overview

The University of Žilina was established as the Railway College on 1st September 1953 by the separation from the Czech Technical University in Prague. It has gone through numerous changes during its history. Finally, in 1996, it was renamed from the University of Transport and Communications to the University of Žilina in Žilina. The University as a public university provides education at all three levels of higher education (bachelor's degree, engineer/master's degree and doctoral degree) in both full-time and part-time forms. So far approximately 85,000 graduates have finished their studies (2,500 graduates from abroad) at the University. Approximately 8,000 students currently study in all forms of study. There are more than 1,500 employees and 600 of them are university teachers.

With its more than 65 years of history, the University has taken a prominent place in the Slovak educational space not only with the number of its students, with the range of accredited study programmes, but also with its scientific and foreign activities based on cooperation with domestic and foreign companies and institutions. In the field of science and research, individual workplaces of the University have been involved in solving of more than 200 scientific and research projects financially supported by public sources through national grant schemes in the sum of 2.1 mil €. At the same time scientific teams have been working on 41 projects with foreign support, mainly within the EU 7<sup>th</sup> Framework Programmes. Apart from solving project tasks, the issues of quality technical equipment of experimental workplaces and increasing quality of human sources have been monitored.

Scientific teams closely cooperate with partners from various industrial branches in the applied research. Six centres of excellence are supported by the Research and Development Operational Programme within the framework of structural funds. The University is also involved in four projects being solved by centres of competence within this Operational Programme. There have been three applied research centres



created, as well. Attainments are presented mainly through publications, submitted patent applications, presentations at international scientific symposia and conferences, but also at trade fairs and exhibitions.

Cooperation with foreign universities enables students and teachers to actively participate in international educational and research projects (ERASMUS+, ERASMUS-MUNDUS, EU-KOREA SMILES, TEMPUS, COST, CEEPUS, the 7<sup>th</sup> Framework Programmes, Horizon 2020, etc.). The University belongs to the most active universities in the ERASMUS programme. Within this Programme, the University, as the only one in Slovakia, has been listed among most successful universities of the EU in the field of teacher mobility for a fifteen year period. As for the number of outgoing ERASMUS students and the number of teaching staff mobilities, the University occupies one of the top positions among Slovak universities participating in the Programme.

## Structure and degrees

The University of Žilina has seven faculties and several institutes focusing on various scientific fields. It offers bachelor's, master's and doctoral study programmes (184 altogether), carries out intensive research activities and cooperates with more than two hundred European universities and also with universities in Asia (Japan, China, Korea) and America (the USA, Mexico, Brazil).

The University of Žilina confers the following academic degrees and titles: bakalár (bachelor), magister/inžinier (master), doktor (Philosophiae Doctor – PhD).

## Academic calendar

The academic year consists of two semesters:

- Winter semester (September – January)
- Summer semester (February – August)

## Faculties

### Faculty of Operation and Economics of Transport and Communications

The Faculty of Operation and Economics of Transport and Communications was established in 1953 as one of the first faculties of contemporary University of Žilina.

The primary mission of the Faculty is to provide higher education and creative scientific research in the fields of transport and communications technology; economics and management of various transport and communications branches; economics and management of transport, postal and telecommunications enterprises; economics and management of transport services and logistics; and economics and enterprise management.

### **Departments**

Department of Road and Urban Transport, Department of Railway Transport, Department of Air Transport, Department of Communications, Department of Economics, Department of Water Transport, Department of Quantitative Methods and Economic Informatics

### **Address**

Faculty of Operation and Economics of Transport and Communications (Fakulta prevádzky a ekonomiky dopravy a spojov)

Univerzitná 8215/1, 010 26 Žilina

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education@fpedas.uniza.sk

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## **Faculty of Mechanical Engineering**

The Faculty of Mechanical Engineering has a long-standing tradition in technical education and research. It concentrates mainly on the issues of construction materials; production technology linked with the development of technical base of vehicles, machines, instruments and constructions; vehicle construction; mobile work machinery, lifting, handling and energetic equipment design; designing with virtual reality support; rapid prototyping; finite element method analyses of structures; operation and renovation of machines and

equipment; robotics; logistics; enterprise management; industrial engineering; digital factory; systems of quality control; design, operation, analysis and simulation of manufacturing and logistics systems; modern production technologies; and more recently, on alternative sources of energy.

### **Departments**

Department of Applied Mathematics, Department of Transport and Handling Machines, Department of Design and Mechanical Elements, Department of Materials Engineering, Department of Applied Mechanics, Department of Industrial Engineering, Department of Automation and Production Systems, Department of Machining and Production Technologies, Department of Technological Engineering, Department of Power Engineering.

### **Address**

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Univerzitná 8215/1, 010 26 Žilina  
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## **Faculty of Electrical Engineering and Information Technologies**

The Faculty of Electrical Engineering and Information Technologies originally focused on electro-technical aspects of transport. Later on, the Faculty started to concentrate on information and communication technologies; information and safety systems; modern telecommunication technologies, networks and services; optoelectronics; photonics; intelligent transport systems; electro-technologies and materials; development of power semiconductor systems; traction driving systems; power

electronics; electric traction systems for railways; and also on interdisciplinary branches – mechatronics and biomedical engineering.

### **Departments**

Department of Physics, Department of Electromagnetic and Biomedical Engineering, Department of Measurement and Applied Electrical Engineering, Department of Mechatronics and Electronics, Department of Power Electrical Systems, Department of Control and Information Systems, Department of Multimedia and Information and Communication Technology, Institute of Aurel Stodola in Liptovský Mikuláš.

### **Address**

Faculty of Electrical Engineering and Information Technologies (Fakulta elektrotechniky a informačných technológií)

Univerzitná 8215/1, 010 26 Žilina

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## **Faculty of Civil Engineering**

The Faculty of Civil Engineering provides education in the fields of engineering constructions, buildings, transport constructions, material engineering, transport planning as well as construction technology and management. The research activities focus mainly on theoretical planning, designing, building, rehabilitation and reconstruction of transport infrastructure issues, including the impact of transport on the environment, while utilising theoretical, experimental and numerical analysis, modelling and simulations. There is a strong focus on the geoinformation system development issues in the civil engineering practice

as well as on the research of sound-insulation and thermal-technical properties of constructions and their energy performance.

### **Departments**

Department of Structural Mechanics and Applied Mathematics, Department of Geodesy, Department of Geotechnics, Department of Structures and Bridges, Department of Highway Engineering, Department of Building Engineering and Urban Planning, Department of Technology and Construction Management Department of Railway Engineering and Track Management

### **Address**

Faculty of Civil Engineering (Stavebná fakulta)  
Univerzitná 8215/1, 010 26 Žilina  
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## **Faculty of Management Science and Informatics**

The activities of the Faculty of Management Science and Informatics are determined by new trends in information and communication technologies development. The main educational and scientific activities concentrate on design and realization of technical means for information and management systems; analysis, synthesis and design of integrated information and management systems; management; marketing; logistics; enterprise; design of transport and communication systems; management and optimisation of goods and passenger transport; management and optimisation of databases design; data transmission and data processing; issues concerning multimedia information systems and simulation tools for communication networks and systems; and mathematical modelling.

## **Departments**

Department of Information Networks, Department of Informatics, Department of Management Theories, Department of Macro and Micro Economics, Department of Mathematical Methods and Operations Research, Department of Software Technologies, Department of Technical Cybernetics

## **Address**

Faculty of Management Science and Informatics  
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## **Faculty of Security Engineering**

The Faculty of Security Engineering is the faculty of technological and managerial orientation. In the field of civil security it offers an accredited study programme crisis management and security and protection of critical infrastructure; in the field of rescue services it is the study programme rescue services, in the field of people and property protection it is the study programme security management. Individual study programmes focus on specialists training for the needs of public administration mainly in the areas of crisis management, risks evaluation, people and property protection, civil protection and internal security.

## **Departments**

Department of Crisis Management, Department of Fire Engineering, Department of Security Management, Department of Technical Sciences and Informatics, Department of Security and Safety Research

**Address**

Faculty of Security Engineering (Fakulta bezpečnostného inžinierstva)  
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**Faculty of Humanities**

The former Faculty of Science was renamed in December 2010 to the Faculty of Humanities in compliance with the Act of Ministry of Education, Science, Research and Sport of the Slovak Republic. The Faculty has gradually transformed its profile by establishing departments of humanities and by extending the spectrum of offered study programmes enabling graduates to get a foothold in the European labour market.

**Departments**

Department of Mediamatics and Cultural Heritage,  
Department of Music, Department of Pedagogical Studies,  
Department of English Language and Literature, Department of Philosophy and Religious Studies.

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## **Research Institute of High Mountain Biology**

The multinational centre for high mountain biology research was established in 2000 and is located in Tatranská Javorina in the mountain range Belianske Tatry. Thanks to staff members' enormous effort, the Institute has been transformed into a modern workplace with botanic, zoology and molecular biology laboratories in a relatively short time. Thermovision analyses of temperature differences on an alpine vegetation level, water chemism and its biotic monitoring, atom absorption spectrophotometry and X-ray metrology are only a few examples of the techniques which a young research team uses in laboratories and also in the high mountain alpine terrain. Since 2006 the Institute has been providing teaching of so far the only whole university study programme Protection and Utilization of Countryside with the specialization in education of rangers of national parks. Based on the agreement between University College of Southeast Norway, Bø and the University of Žilina, the students of the Institute, after successful completion of their Bachelor's study programme, can continue in Master's degree in Norway.

### **Address**

Research Institute of High Mountain Biology

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059 56 Tatranská Javorina 7

+421 – 52 – 449 91 08

[www.vuvb.uniza.sk](http://www.vuvb.uniza.sk)

### **Contact for foreign students**

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Director and mobility coordinator

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Erasmus+  
stúdium a stáže  
iných programů

 Erasmus+  
informačná príručka  
študentov Žilinskej univerzity v Žiline  
príručka Erasmus+ študentských mobility  
akademický rok 2018/2019

*Príručka študentov v Žiline  
vydávaná pre študentov a učiteľov a zamestnancov  
Univerzity v Žiline, 2018*

# International Relations and Marketing Office

International Relations and Marketing Office coordinates international relationships of the University of Žilina and it is also responsible for the following:

## Partnerships with Universities

- agreements
- student and teacher mobility
- international visitors' stays

## EU ERASMUS+

- incoming students
- outgoing students
- teacher mobility
- staff mobility

## Exchange Programmes

- providing information and counsel on mobility programmes to students and teachers of the University of Žilina
- foreign students' study at the University of Žilina within university agreements and the ERASMUS

## Address

International Relations and Marketing Office  
Univerzitná 8215/1, Building of Rectorate  
010 26 Žilina

## ERASMUS+ Institutional Coordinator and Vice-rector for International Relations and Marketing

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## International Relations and Marketing Office

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## ERASMUS+ Project Manager

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Full-time study for foreign students  
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## **Institutes, facilities and centres**

**University Library**  
[www.ukzu.uniza.sk](http://www.ukzu.uniza.sk)

**Institute of Forensic Research and Education**  
[www.uzvv.uniza.sk](http://www.uzvv.uniza.sk)

**CETRA – Centre for Transport Research**  
[www.uniza.sk/cetra](http://www.uniza.sk/cetra)

**Institute of Life-long Education**  
[www.ucv.uniza.sk](http://www.ucv.uniza.sk)

**Centre of Information and Communication Technologies**  
[www.cikt.uniza.sk](http://www.cikt.uniza.sk)

**Institute of Physical Education**  
[www.utv.uniza.sk](http://www.utv.uniza.sk)

**Aviation Training and Educational Centre**  
[www.lvvc.uniza.sk](http://www.lvvc.uniza.sk)

**Institute of Competitiveness and Innovations**  
[www.ukai.uniza.sk](http://www.ukai.uniza.sk)

**EDIS – Publishing Centre of UNIZA**  
[www.edis.uniza.sk](http://www.edis.uniza.sk)

**National Training Centre for Safety in Civil Aviation**  
[www.fpedas.uniza.sk/~nvcb](http://www.fpedas.uniza.sk/~nvcb)

**University Science Park**  
[www.uvp.uniza.sk](http://www.uvp.uniza.sk)

**Research Center**  
[www.vyskumnecentrum.sk](http://www.vyskumnecentrum.sk)



*studying*

at the university  
of Žilina

## Courses offered to Erasmus exchange students

The list of courses offered to Erasmus exchange students can be found on the UNIZA web site, in the section Information for Foreign Students

## ECTS

ECTS grade	Grading system in words	Points %	Mark
A	Výborne – EXCELLENT	100 – 93	1
B	Veľmi dobre – VERY GOOD	92 – 85	1,5
C	Dobre – GOOD	84 – 77	2
D	Uspokojivo – SATISFACTORY	71 – 69	2,5
E	Dostatočne – SUFFICIENT	68 – 61	3
FX	Nedostatočne – INSUFFICIENT	less than 61	4

ECTS (European Credit Transfer System) is a system based on the relevance and intensity of an individual course in relation to students' performance and there is a particular number of ECTS credits assigned to each course. 60 ECTS credits are required to complete a year of full-time study (30 ECTS credits represent one semester). [www.ec.europa.eu/education/library/publications/2015/ects-users-guide\\_en.pdf](http://www.ec.europa.eu/education/library/publications/2015/ects-users-guide_en.pdf)

## Learning Slovak

The University of Žilina offers Slovak courses for foreign students during the whole academic year (2 classes /a week). More information can be found on the UNIZA web site.

## Academic year

Winter semester / 13 weeks (late September – December)  
Examination period / 6 weeks (January – middle of February)  
Summer semester / 13 weeks (middle of February – middle of May)  
Examination period / 6 weeks (middle of May – end of June)

## Admissions

### Full-time study

The University of Žilina seeks students with appropriate academic qualifications and strong motivation to study. Students who have completed secondary school education, have reached the age of 18 or more, have a good command of English (and Mathematics for technical and economic fields of study) and are not Slovak citizens, are eligible for the study at the University of Žilina as self-payers (except for the EU countries citizens who study under the same conditions as the citizens of the Slovak republic).

For more information, please contact:

Žilinská univerzita v Žiline – Rektorát (Rectorate of the University of Žilina) Oddelenie pre vzdelávanie (Office for Education)

Univerzitná 8215/ 1, 010 26 Žilina  
education@uniza.sk

### Erasmus+ programme

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Vice-rector for International Relations and Marketing Office  
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ERASMUS+ Project Manager  
Mgr. Lenka Kuzmová  
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Erasmus+ contact persons at faculties UNIZA – see part Faculties (pages 9 – 16) contacts for foreign students

## Visa and temporary residence

Since the Slovak Republic is a member of the European Union, international students coming from the EU countries do not need a visa. It is possible that students from non-EU countries will need a visa for arranging their entry and stay in Slovakia. Information on whether student needs a visa for entry and stay in Slovakia can be obtained at the Ministry of Foreign Affairs of their country, or at its consulates. Relevant information can be found at The Ministry of Foreign Affairs of the SR website: [www.mzv.sk/en/home](http://www.mzv.sk/en/home). The Migration Information Centre (MIC) has prepared an information

brochure ([mic.iom.sk/en.html](http://mic.iom.sk/en.html)) in order to provide useful information on how to obtain or to extend a residence permit in the Slovak Republic. It gives practical tips and important warnings and refers to the Act 404/2011 regulating the residence of foreigners in Slovakia.

## Insurance

Foreign students are recommended to travel with valid general insurance covering the full length of their stay. It is advisable to consider purchasing of other types of insurance available. EU citizens having a European Health Insurance Card are eligible for free health service.

## Libraries

Study at the University of Žilina is fully supported by the following resources: the University Library, University Intranet and Slovak Academic Data Network with access to the Internet. The mission of the academic library is to promote educational and scientific research activities of the University by collecting, processing, storing and providing access to professional and scientific literature. It offers an online catalogue, electronic journals and full-text and abstract electronic information resources on its website. Full text information on final theses defended at the University is also a part of the electronic library catalogue. The library organises consulting, lecturing and other educational activities. Departmental libraries are well equipped with books, journals and other study facilities more closely oriented to particular fields of study.

## Student organisations

### **ERASMUS Student Network (ESN UNIZA)**

It is a student organisation providing help to incoming foreign students and organises various events for them during their stay.

#### **Activities:**

There are a lot of activities organised for ERASMUS students including a welcome party, a sightseeing tour around Žilina, and various trips around Slovakia.

ESN UNIZA provides the following services:

- picking up of foreign students at the railway station or bus terminal
- getting acquainted with the city and the campus



- assistance with formal documents such as a school ID or a public transport pass

**Contact:**

uniza.president@esn.sk

[www.uniza.esn.sk](http://www.uniza.esn.sk)

## **Board of Accommodated Students**

It is a non-profit organisation serving as an advisory body in managing and improving the life of students accommodated at student accommodation facilities. Its activities focus on defending students' rights and at the same time it puts emphasis on following the rules.

## **i-Tečko broadcasting**

Its main activity is the transmission via computer network at the student accommodation facilities. i-Tečko creates its own programme focusing on students' interests and it helps develop practical skills of students interested in TV production and broadcasting.

## **Internet Club**

It has been operating since 1998. At that time, its main task was administration of the server dorm.utc.sk and students' email boxes. It was also responsible for the development of data network at the student accommodation facilities. Later on, 24-hour monitoring of the network was added to its main responsibilities. Today it has fifteen active members and it provides services which are utilised by approximately 3,000 active users.

## **The Friends of Railway Club**

Though its roots date back to the College of Transport era, it was officially established in 1995. Today it has approximately thirty members who regularly meet and organise excursions to various interesting railway workplaces. They also collect technical literature, railway periodicals, time tables and other objects which are available not only to its members.

## **Radio X**

At present it is the only radio studio broadcasting at student accommodation facilities in Slovakia which provides its listeners with news and information blocks within eight broadcasting circuits. It was established in October 2010 and apart from music, it offers a programme focused mostly on events happening in the University vicinity, in Žilina and its surroundings. A part of the studio facility is a recording

studio which, together with its creative production, serves as a training space for aspiring moderators and technicians.

### **GAMA Club**

The Club was established in 1996 and in its beginnings it focused exclusively on theatre performances. Today it also offers screening of films.

### **ŽUŽO**

The student periodical has been published since 1996. It ranks among to the most read student periodicals with its circulation of 1,500 copies. As the only student periodical, it was admitted to the President's Office and in the competition "Štúrovo pero" it has regularly been awarded among three most successful university periodicals.

### **Rapeš Radio**

The first radio studio at student accommodation facility in Slovakia which had two broadcasting circuits – Rapeš Hliny (1974 -) and Rapeš Veľký Diel (1987 – 2009). They were named after the premises on which they were located. After Rapeš Veľký Diel separation from Rapeš Hliny, the latter still continues in its broadcasting tradition.

### **OMNIA**

The mixed choir OMNIA was established in 2003 by extending and strengthening the former female choir with the male vocal section. During its existence, the choir has participated in numerous international competitions and festivals where it has successfully represented the University and has received numerous awards.

### **Stavbár – Traditional Folklore Group of the University of Žilina**

It focuses on the presentation of authentic folklore. It was established in the company Pozemné stavby in Žilina in 1959. In 1997 it became a part of the University of Žilina. During its 59-year history, it has performed more than 2,000 times in Slovakia as well as in the countries of Europe, Asia, Africa and South America. It has received numerous significant national and international awards from various folklore competitions and festivals.

### **IAESTE**

The International Association for the Exchange of Students for Technical Experience







*life*  
in Žilina

# Arrival

## The nearest airports

Žilina has excellent train and bus connections to many cities. When flying in, you may arrive at the following airports with convenient connections to Žilina:

- Vienna International Airport in Austria ([www.viennaairport.com](http://www.viennaairport.com)), located about 60 kilometres from Bratislava, the capital of the Slovak Republic. The airport has a regular bus connection to Bratislava bus terminal (about a 50-minute bus ride). There is a direct train connection to Žilina from there (200 kilometres, about a 2.5-hour train ride).
- Václav Havel Airport Prague in the Czech Republic ([www.prg.aero/en/](http://www.prg.aero/en/)). There is a direct train connection to Žilina from the airport (450 kilometres, about a 6-hour train ride).
- Bratislava Airport ([www.airportbratislava.sk](http://www.airportbratislava.sk)). There is a shuttle bus from the airport to the railway station. Direct train to Žilina leaves approx. every 2 hours.

## Train connection

The railway station is situated in the centre of Žilina just at the end of pedestrian precinct. The best way to get to the University or student accommodation facility is to go by bus, trolley bus or taxi.

The railway connections can be viewed at [www.cp.sk](http://www.cp.sk) (the web site is available in English and German) and on-line tickets can be purchased at: [www.slovakrail.sk/en.html](http://www.slovakrail.sk/en.html). Although it is possible to buy a ticket on the train, it is advisable to buy one before boarding. The ticket bought after boarding is more expensive. It is not recommended to travel without a ticket as there is a heavy fine for travelling without one. The train ticket from Bratislava to Žilina costs approx. 10 – 16 €.

## SAD/Slovak Lines transport

The central bus terminal is close to the railway station in the city centre. The bus connection can be found at:

[www.slovaklines.sk/main-page.html](http://www.slovaklines.sk/main-page.html)

The tickets are bought when boarding the bus from the driver.

## Local transport

### Bus and trolley bus

Žilina has a relatively efficient public transport system that includes buses and trolley buses with a satisfactory coverage area and time density around the clock. A single fare and student seasonal tickets are sold at a reasonable price. Students are required to have a valid Slovak student card if they want to buy a discount student ticket. Our ESN student organisation assists exchange students with obtaining of tickets after their arrival. The bus tickets can be bought at a vending machine at the bus stop, in the news stand or with the driver.

[www.dpmz.sk/en/](http://www.dpmz.sk/en/)

[www.imhd.sk/za/](http://www.imhd.sk/za/)

The nearest bus stop to the student accommodation facility Hliny is “Mostná“ or “Hlinská“.

The nearest bus stop to the student accommodation facility Veľký Diel is “Obchodná“.

The nearest bus stop to the University is “Univerzitná“ or “Žilinská univerzita“.

### Taxi

Taxi operates 24 hours a day and prices are comparable to other cities in Europe (for example, a ride from the centre to the accommodation facility costs around 4-5 €).

### Car rental

Prices vary by type and model of the car.

## Accommodation

The University of Žilina provides accommodation at its student accommodation facilities. ERASMUS students live on the same floor in rooms with suite bathrooms. They can choose from single, double or 3-bed rooms. The kitchen and appliances are shared by all students living on the floor. It is the responsibility of all people sharing the common premises to keep them clean. There are two student accommodation facilities that are located at Veľký Diel and Hliny.

## Velký Diel

The student accommodation facility Velký Diel offers 2,400 beds in the following three buildings:

Buildings A-B and C-D: double or 3-bed rooms. There are shared bathrooms on each floor. Each floor also has a kitchen with appliances. The rooms located in the B section have access to the DSL Internet and the rooms in the sections A-C-D have access to the wireless Internet.

Buildings E-F and G-H: three-bed rooms with suite bathrooms. There is a kitchen with appliances on each floor. All rooms in these buildings have access to the Internet. There are also television rooms, conference rooms, a cinema room for approximately 180 people (film screening, conferences, lectures, rehearsals and workshops), study rooms, laundry, kitchens, GP, dentist, and hairdresser. There is free parking in a car park.

Address:

Velký Diel

Ul. vysokoškolákov, 010 08 Žilina

+421 – 41 – 565 25 07, +421 – 41 – 513 14 70

[www.vd.internaty.sk](http://www.vd.internaty.sk)

## Hliny

The student accommodation facility Hliny has a capacity of about 2.000 beds and offers accommodation in building sections 2 – 9 in units with double or 3-bed rooms. There are television rooms, conference rooms, study rooms, laundry, kitchens, a COPY-centre, a FIT centre, a climbing wall, room for Thai box, Finish and Infra saunas, squash, bowling, table tennis and badminton. There are also areas for football, volleyball, and basketball as well as tennis courts. The facility offers hairdresser/barber services, GP, dentist and students services. There is free parking in a car park.

Address:

Hliny V

Ul. Hlinská, 010 54 Žilina

+421 – 41 – 513 14 77

[www.hliny.internaty.sk](http://www.hliny.internaty.sk)

## Catering

Meals for students are served in student canteens or in snack bars which are all located on the premises of accommodation facilities.



The student canteen uses the information system KREDIT 7 which enables automatic ordering and collecting meals by smart card.

**Catering services are provided:**

- Monday to Thursday: 7.00 a.m. – 7.00 p.m.
- Friday: 7.00 a.m. – 1.30 p.m.
- Saturday and Sunday: 11.00 a.m. – 1.00 p.m.

**Meals are served at the following places:**

- canteens Nová menza and Stará menza
- canteens and snack bars in the following buildings: AR, Faculty of Security Engineering, Faculty of Management Science and Informatics.

Several snack bars can also be found in the area of Veľký Diel (Bufet Klub, Bufet Internáty Veľký Diel E-F, Cafeteria, Paladeo, Café Paľova Búda) and in the area of Hliny (Café K2, Bufet Stará Menza, Café Stará Menza).

## Useful information

### Currency

Slovakia as a part of the European Union accepted Euro currency in January 2009. In every shopping centre and supermarket you can find ATMs and exchange offices or banks. Credit and debit cards are accepted in most shops in Slovakia including Visa, Maestro or Master card. There is a network of ATMs in the city operating non-stop.

### Banks

There are various bank branch offices in Žilina, e. g.:

- Tatrabanka, Vysokoškolákov 52
- Všeobecná úverová banka (VÚB), Na bráne 1
- Československá obchodná banka (ČSOB), J. Milca 14
- UniCredit bank, Národná 12
- Slovenská sporiteľňa, Národná 5

### Post Offices/Telephoning

Pošta = Post Office:

Pošta 1, Sládkovičova 14

Pošta 2, Hviezdoslavova 3

Pošta 8, Vysokoškolákov 8556/33B, 010 08 Žilina 8 (the nearest post office to the accommodation facility Veľký Diel)

## Religion

Slovakia is a Christian country tolerating other churches and denominations. Most of the Slovaks are of the Roman-Catholic religion. There are three Roman-Catholic churches and one protestant church in the centre. The services are held in Slovak.

## Living expenses

The exact amount of money needed for life in Žilina is hard to estimate. The approximate prices are as follows:

- student accommodation facilities cost approx. 70 – 140 € per month
- meals in student canteens cost approx. 8 € per day

## Health care

Slovakia provides good quality health care. Every village has a health centre and there is at least one hospital and several health centres in every city. Highly specialised hospitals are situated e.g. in Bratislava, Martin, Banská Bystrica and Košice. Every hospital has emergency service which operates in after regular hours. Emergency medical service can be reached 24/7 at the numbers 155 and 112.

Every citizen of Slovakia is mandated to pay for health insurance. Dental treatment in Slovakia is usually only partially covered by health insurance and many dentists in Slovakia do not have contracts with health insurance companies. In these cases, patients cover the treatment in full themselves. Operations and in-hospital treatments are also covered from the health insurance. Most medications are partially covered by the insurance; some medications are even fully covered while others are only available in full payment. Antibiotics and many other drugs are only available on doctor's prescription.

Emergency care costs patients 2 €. European Union citizens must have a valid European Health Insurance Card. Medical treatment for other foreigners is available for direct payment. Opening hours for health centres are usually from 7.30 a.m. till 4 p.m., but can vary. There is a standby pharmacy in every city. The list of standby pharmacies can be found on the door of every pharmacy.

The doctor for students of the University of Žilina:

MUDr. Yvetta Kurimská

[www.mojdoktor.sk/yvetta](http://www.mojdoktor.sk/yvetta)



Slovakia



## General information

Slovakia is a small but beautiful country. It takes eight hours to travel from east to west and only one hour to fly across. Within the area of 49,036 square kilometres you can find beautiful mountains of the High and Low Tatras (Vysoké and Nízke Tatry), the Small and Big Fatras (Malá and Veľká Fatra) as well as fertile lowlands in the south and east of the country.

Although Slovakia is predominantly mountainous – 60% of its territory spreads from 300m up to 2 654m above sea level – it is a green country, covered with coniferous and broad leaved woodlands, green meadows and fields interwoven with smaller and bigger rivers as e. g. the Váh, Hron, Ipel, Hornád, Tisa, Morava... and the Danube. Upon hills you can find castles, or at least their ruins. Underneath many of the mountains there are karsts, granite or ice caves. Slovakia has approximately 1,200 thermal and mineral springs and balneological treatment is of world standard. If you look at the map of Europe you can see that Slovakia is located directly in the heart of it, bordered in the north by Poland, northwest by the Czech Republic, southwest by Austria, south by Hungary and east by Ukraine. The population of Slovakia is approx. 5,500,000. The capital Bratislava with a population of 600,000 is just 65 km from Vienna, Austria, and Žilina is approximately 260 km by car from Vienna. The official language in the Slovak Republic is Slovak. English and German are spoken and understood in the main tourist areas. Slovakia has a continental climate.



## History

(resource: [www.slovakia.org](http://www.slovakia.org), [www.slovakia.com](http://www.slovakia.com))

The history of the people living in the area of Slovakia goes back several thousand years. In the Bronze Age (400 B.C.), under the influence of the Celts, who moved into the area of south-western Slovakia the country began to boom. At the same time the Romans built a 'Limus Romanus' on the Danube which was a European equivalent to Hadrian's Wall on the British Isles. The Slavs came to the area of today's Slovakia between the 5<sup>th</sup> and 6<sup>th</sup> century A.D. When the Habsburgs took over from the early kings and queens, Bratislava itself became the jewel in the crown. In 1526 Bratislava became the capital of the Empire. During the reign of Maria Theresia in the 18<sup>th</sup> century the country prospered as well as did Bratislava since it was the Queen's favourite residence. The prosperous reign of the Habsburgs ended on 14<sup>th</sup> November 1918 when newly formed Czechoslovakia was proclaimed as an independent state. During Thomas Garyk Masaryk presidency Czechoslovakia thrived. Soon it became the 5<sup>th</sup> richest country in the world with an economy so strong that it was hardly affected by the Great Depression of 1929. In 1993 the two independent countries – Slovakia and the Czech Republic were established. Currently Slovakia is part of NATO, the European Union as well as a temporarily member of the UN Security Council.

Žilina is an important centre  
of the northwest Slovakia  
and one of the largest cities  
in the Slovak Republic.



A nighttime photograph of the city of Žilina, Slovakia. The city lights are visible against a dark blue sky with some clouds. In the background, two tall industrial chimneys are visible. The foreground shows a grassy hillside. A large, semi-transparent yellow circle is overlaid on the lower right portion of the image, containing the word "Žilina" in a white, cursive script font.

Žilina

## General information

Žilina today is a city with almost 90,000 inhabitants. Its importance is determined by the strategic position on the confluence of three rivers in the valley of the River Váh. The city is located in the middle of beautiful mountains which makes it a starting point to many tourist areas.

The city acquired a greater significance after the formation of the Slovak Republic in 1993. A new impulse for further development was when the County of Žilina was established in 1996. Žilina with its economic, cultural and educational potential has always been the centre of the north-western Slovakia. There are a lot of industry and construction companies. Žilina has a rich past, dynamic present and all conditions for all-round development in the future.

## History

(taken from [www.travel-to-zilina.biz/uk/history.htm](http://www.travel-to-zilina.biz/uk/history.htm))

The town's territory was first settled in the last Ice Period about 20,000 B.C. The evidence of the Slavonic settlement could be found on the premises of the following historical castles: Hričov, Súľov, Lietava and Strečno. First written document about the town's territory dates back to 1208 where the town was mentioned under the name Terra de Selinan. In 1297 the name Žilina appears in some writings. According to the written documents from 12<sup>th</sup> July 1321 Žilina was already a town.

King Charles I Robert of Anjou during his royal visit on 12<sup>th</sup> July 1321 granted privileges of a free town to Žilina. A very important legal document of European importance is the Book of Žilina, the origin of which reaches back to 1378. In 1381 the people living in the town received a positive response from the ruler when they asked for equal rights with German colonists. The bill Privilegium pro Slavis (List of privileges) was issued by King Luis I the Great on 7<sup>th</sup> May 1381. This important event is commemorated by a memorial tablet on the wall of the Town Hall of Žilina.

In the year 1431 Hussite army conquered and burnt Žilina down. After withdrawal of Hussite troops, the town collapsed economically but in the following centuries Žilina raised to an important centre for craftsman manufactures, trade and education.



Instagram

Useful  
information

## Emergency services

Police / 158, 112

Fire brigade / 150, 112

Medical first aid / 155, 112

Information about phone numbers / 1181

Mountain rescue system / 112

## Useful phrases in Slovak

For more useful vocabulary look at [www.slovakiasite.com/useful-vocabulary.php](http://www.slovakiasite.com/useful-vocabulary.php)

English	Slovak
Good morning	Dobré ráno
Good afternoon	Dobrý deň
Good evening	Dobrý večer
Goodbye	Dovidenia
Thank you	Ďakujem
Please	Prosím
Excuse me	Prepáčte

English	Slovak
How are you?	Ako sa máš?
How much is it?	Koľko to stojí?
Yes	Áno
No	Nie
Help	Pomoc
What is your name?	Ako sa voláš?

## Public holidays

**1 January** – Day of the Establishment of the Slovak Republic

**6 January** – Epiphany

**1 May** – Labour Day

**8 May** – Victory over Fascism Day

**5 July** – St. Cyril and Methodius Holiday

**29 August** – Slovak National Uprising

**1 September** – Constitution Day

**15 September** – Our Lady of Sorrows  
**1 November** – All Saints Day  
**17 November** – Fight for Freedom and Democracy Day  
**24 December** – Christmas Eve  
**25 December** – Christmas Day  
**26 December** – Second Day of Christmas

## Useful facts

It is a custom in Slovakia to use the formal second person plural “vykanie” in official relations and meetings, the informal “tykanie” (second person singular) is used in families, among friends, and close colleagues (it is similar to calling by first name).

In Slovakia, it is a custom to eat 3 meals in a day. The lunch time is between 11.30 a.m. – 1.30 p.m. The lunch consists of soup and a main course, sometimes also a dessert. For dinner, warm meals are often served generally between 6 p.m. – 9 p.m.

When entering someone’s flat or house in Slovakia, it is a custom to take your shoes off and it is also a custom for a host to offer their guests some slippers. It is considered impolite to enter someone’s flat or house wearing shoes.

### About Slovakia

[www.slovakia.travel](http://www.slovakia.travel)

[www.slovakiasite.com](http://www.slovakiasite.com)

### About Žilina

[www.travel-to-zilina.biz/uk/index.htm](http://www.travel-to-zilina.biz/uk/index.htm)

[www.zilina.sk](http://www.zilina.sk)



ŽILINA

ERASM

SM

## Erasmus student comments

### What does ERASMUS mean to you?

Erasmus provides an opportunity for a person to grow mentally, spiritually and in many other ways. Erasmus gave me a chance to be a part of a big international family, to live together and to share our successes as well as disappointments. Erasmus made me think about myself, the person next to me, and the world in general. The education I received during my time in Erasmus programme was not only academic but also everyday life oriented. I am glad I could be a part of this inspirational family.

Rostislav, Technical University Sofia, Bulgaria

### Have you enjoyed your stay in ŽILINA?

I have really enjoyed my stay in Žilina so far. The time passed was great and there is still more to come. Žilina is a nice place where life can be very good. Every day I find something new and that is why I will keep looking around every single day until I leave. In my heart I will stay here.

### Your favourite sentence, motto:

Different people, different points of view. One thing is to want something, the other one is to be able to do it, the third and fourth ones are to accomplish it!

### What does ERASMUS mean to you?

To me, Erasmus is a unique opportunity in the life of a student in which more things are learnt about life in a community by sharing experience with people from other countries so you can know them better.

César, University of Cantabria, Spain

### Have you enjoyed your stay in ŽILINA?

Žilina is a really good place for students to live because it is not very big and there are not many Erasmus students, so we are always together as a family, and everybody knows

everybody. Life is relatively inexpensive and you can easily walk almost everywhere.... except for in winter.

### **The most memorable moment of your stay?**

Only one!? It may have been the last few days enjoying the snow in the mountains of the High Tatras with other Erasmus students from Banská Bystrica... or else the trip we almost all made to Krakow together, enjoying this amazing city.

Bechir, University  
of Bucharest, Romania

### **What does ERASMUS mean to you?**

Erasmus is a once in a lifetime experience, it is something I cannot explain in words, it is great.

Erasmus is probably the best choice I have made so far. I have

met great people and I have had the best time ever.

School is also great, most of the teachers are young and talkative and we can understand each other. Great!

### **Have you enjoyed your stay in ŽILINA?**

Well, it was very nice, the city has many beautiful places and the people are nice. I tried very good food here and I would recommend it further if I ever come across someone travelling to Slovakia. The surroundings are amazing, there are mountains everywhere, castles just two hours away, ice-skating, and lots of snow, and not to forget, the parties were amazing, speechless... and I owe the most beautiful moments that I have spent here to my girls Kvetka, Despina, Andreja, Kasia and Adela and all the other Erasmus students. Thank you guys, it was great!!!!

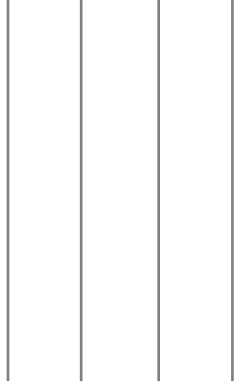
### **The most memorable moment of your stay?**

This is a crime, how can you choose just one? All moments were amazing, it's impossible to choose only one, I am sorry, but my answer for this question is 27<sup>th</sup> September 2010 – 12<sup>th</sup> February 2011.

*Discover*  
**SLOVAKIA**



Strečno Castle • Orava Castle • Lietava Castle • High Tatras

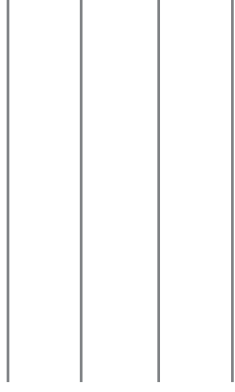
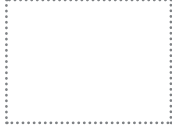






*Discover*  
**SLOVAKIA**

Bratislava • Košice • Žilina • Banská Štiavnica

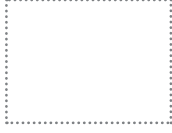




*Discover*  
**SLOVAKIA**



The Cold Creek Waterfalls (High Tatras) • Manínska gorge • Šútovský waterfall (The Malá Fatra National park) • Belianska Cave (High Tatras)



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# WELCOME GUIDE

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SLOVAKIA  
+421 – 41 – 513 51 33  
GPS: 49°12'8.26"N 18°45'23.6"E



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 [www.uniza.sk](http://www.uniza.sk)

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